

### Real Life Story-

I remember when I was about eight years old, I was in the mall with my mom, who has type 1 diabetes. Her phone notified her that her sugar was very low. But we were in a store with no food or drinks, and it was late so no restaurants were open. She got very dizzy and sweaty and finally the security guard had to call for help. Medics came and gave my mom sugar gel. This shows that even if you're exercising or not, when your sugar is low you have to pause your life, even if you're just shopping. Hundreds of thousands of people have to pause their life because their sugar is low, this should not be such a big problem. Today there is no scientific cure but they have created monitors and more to help face this disease.